



BeBuddy-Newsletter October 2020

1) Become an ambassador with Europa macht Schule (Europe meets School)

You are an international student in Aachen and interested in bringing exchange to life: “Europa macht Schule” is looking for you!

What is the project about?

You will become an ambassador of your country and conduct a small project of your choice in a German school class. The project is jointly organized by the German Academic Exchange Service (DAAD) and a local team of RWTH students.

Why should you be part of this project?

You improve your language and presentation skills whilst getting to know Germany from a different angle. In the end, you receive an international certificate for your contribution to promoting the European idea among young Europeans! Join us and get to know local students as well as other international students. Make more out of your stay in Germany!

Important: Non-european students can also participate, the project does not exclusively focus on Europe! In case of interest, contact us at aachen@europamachtschule.de or find more information at www.europamachtschule.de

2) “Feeling at home in Aachen” - a conversation with BeBuddy partners in the RWTH’s Annual report 2019

The [2019 Annual Report](#) reflects about important milestones and activities in the past year: RWTH Aachen’s Excellence Strategy proposal, the role as an internationally active university, and numerous achievements, which are both scientific and non-scientific in nature. One focus in the report was set on the BeBuddy program, which started in 2010. Since then, the project has been growing in numbers of participating students, network events and heartwarming success stories. [From page 100 on](#), you can read more about the project and get an insight into one of the Buddy- Mentee - success stories!



3) Get going: Virtual Workout Day at the Beginning of the Semester. Join In!

Do exercise classes from the comfort of your own home! Student Health Management (SGM), in cooperation with the University Sports Center (HSZ) and Techniker Krankenkasse (TK), is offering you the chance to do a 30-minute workout from home from **9 am to 5 pm on Tuesday, October 27, 2020**.

[Choose a time slot](#) for your preferred workout with the TK Digital Trainer, either by yourself or in a team. 12 different courses lasting 30 minutes with 9 participants each are on offer. This offer is, of course, free of charge. You should be motivated to bring some variety into at-home learning, be interested in virtual sport formats, wear comfortable (gym) clothes, and have something to drink on hand for the workout. No previous knowledge is required and even couch potatoes are welcome to join! Here is the [link](#).

4) Offer for students in mourning

In the everyday life of a student, there is usually little room for mourning after the death of a close person from family or friends. A good opportunity to exchange experiences, feelings and own thoughts is a mourning group with other students. The university chaplaincy offers this group with the pastor and pastoral worker Bettina Donath-Kreß. The religious affiliation does not matter. Everyone is welcome.

The new mourning group meets in the rooms of the ESG (Nizzaallee 20). Further information on the dates and registrations can be addressed to the Protestant or the Catholic university chaplaincy (Pastor Swantje Eibach-Danzeglocke, ESG, esg-eibach@rwth-aachen.de or pastor Matthias Fritz, KHG, mf@khg-aachen.de)

Have a nice rest of the week!

Dominika Dudzik, Haiyan Saadi, Wen Wei and Cansel Ova from the BeBuddy Team!
PS: You can also follow us on [Facebook](#)! In case you want to unsubscribe, please write a short email to bebuddy@rwth-aachen.de