



BeBuddy-Newsletter 04/2023

1) “Antragscafé”: AStA support for one-off payment for international students

The “Allgemeiner Studierendenausschuss” (AStA), the university-wide representation of interests of all students at RWTH, is organising an event to help international students with the process and bureaucracy of applying for the 200-euro one-off payment for students (Einmalzahlung) of the German Federal Government.

When: 17.04.2023, 15 – 18 h

Where: Humboldt-Haus, Pontstraße 41, groundfloor

You can find all necessary information and requirements for this payment on the official website of the government: [Einmalzahlung200 - Homepage](#)

You can also check the AStA website [AStA der RWTH Aachen | Allgemeiner Studierendenausschuss \(rwth-aachen.de\)](#) for further useful information about student life or follow them on Instagram: <https://www.instagram.com/astarwth/>

2) Podcast PsyTalk RWTH

The department of psychological consulting of RWTH Aachen has published the first episode of their podcast “Podcast PsyTalk RWTH”. In the podcast, they deal with topics from individual psychological counselling and their student trainings and it is intended to provide students with input and information in the sense of "helping them to help themselves".

The podcast will mostly be in German, but in the future, there may also be individual episodes in English.

Here is the link to Spotify: <https://open.spotify.com/show/7FaZn8LCEcSgk8QUYsQhx0>

You can also find the podcast on Google Podcasts, Apple Podcasts and Amazon Music.

3) AV events in the summer term 2023

The representation of foreign students (AV- AusländerInnen Vertretung) of RWTH is organising multiple fun activities for international students to welcome them to Aachen and introduce them to new people.



The next events they have planned are

06.04.: Speed Friends and how to Survive Germany

Do you want to meet fellow international students in Aachen? Here is the perfect event for you! You'll have a limited amount of time to talk with different people using ice-breaker questions. After that time, you'll switch the person sitting in front of you, so you'll get a chance to meet everyone.

14.04.: Sweet eggscap

Sweet Eggscap is designed to bring everyone together for a celebration of the spring season!

The day will kick off with arts and crafts activities, where you'll get to make pompons and dye eggs with the art of marbling, creating unique designs on your eggs that will be sure to impress.

Next up is the outdoor games tournament, where you'll have the chance to compete with your three-person team in classic games like the egg and spoon race, ring toss, water balloon toss, and more! It's a great opportunity to showcase your skills and have some fun with friendly competition. The top three teams will even receive a prize to commemorate their victory!

In addition to all the games and crafts, you'll have the opportunity to learn about what spring means in ancient cultures and celebrate spring with singing and dancing to multi-cultural traditions. It's a chance to come together as a community and enjoy the joy and renewal that comes with the season.

Don't miss out on this exciting event! Sweet Eggscap is the perfect way to welcome the arrival of spring!

27.04.: Glow groove

Join the AV for an evening of neon-themed fun at Glow Groove! Get ready to dance and move to the beat with the popular game, Just Dance. The black lights and vibrant colors will create a unique atmosphere that's perfect for letting loose and having a good time. Come enjoy the fun and excitement with friends and create lasting memories!

If you are interested in their offer, feel free to check out their other events on their website: [Events – AV RWTH \(rwth-aachen.de\)](https://www.rwth-aachen.de) or follow them on Instagram to get updates on their events: <https://www.instagram.com/avrwth/>



4) Registration university sports: interim building

The Aachen University Sports Center's program offers variety and quality in over 100 sports.

Many sports are moving to the interim building in the Königshügel stadium during the summer semester or are affected by the construction work in the Königshügel stadium. The offers of these sports and their registration start later than the offers in the other sports facilities of the University Sports Center.

The program start for the first period in the summer semester 2023 is from **May 08, 2023**.

Registration for the first period sports program will begin on Tuesday, **May 02, 2023**:

- **From 4 pm:** All offerings except game sports and fitness will be unlocked.
- **From 4:30 pm:** All game sports offers will be unlocked.
- **From 5 pm:** All fitness offerings will be unlocked.

The two semester periods are as follows:

First period May 08, 2023 - July 30, 2023.

Second period July 31, 2023 - October 08, 2023

Please check out their official website for further information: [Sports Program - RWTH AACHEN UNIVERSITY University Sports - English \(rwth-aachen.de\)](#)

That is all for April. Have a great start to the new semester. We hope to see you soon!

Chiara Weber, Dominika Dudzik, Buse Karagöz and Sonja Bettermann from the BeBuddy Team

PS: You can also follow us on [Facebook](#)

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